

NURSING KNOWLEDGE IN TRAUMA

NuKIT

WHAT IS NuKIT?

Nursing Knowledge In Trauma (NuKIT) is a full study day course coordinated by the Northumbria Healthcare NHS Trust Emergency Department team. Its aim is to increase the skills and confidence of nurses in trauma management.

This course adheres to the Level 1 Trauma Nursing Competencies set by the National Major Trauma Nursing Group and is a mandatory requirement for all adult and paediatric nursing staff working at the Northumbria Hospital.

NuKIT has been successfully running 4 courses per year since its creation in 2012 and must be repeated every 3 years to ensure the team have up to date trauma skills and knowledge.

REASON FOR FUNDING BID

The feedback we receive for NuKIT is always very positive with candidates always expressing how much they enjoy the practical elements of the day.

Another recurrent theme is that they would like a resource to refer back to after the day. This gave the team the idea to create a pre-course manual for the candidates to explore and learn some of the current course content, thereby allowing more time for practical sessions during the course.

We have developed the chapters to compliment the face to face sessions including all lectures on the course and in addition information on related topics such as head injuries, transferring of patients and a notes section. The content has been researched and written by the NuKIT faculty and other experienced ED staff to provide up to date, evidence based and high-quality information. A beneficial resource to reflect and reference from similar to that of other Level 2 courses.

CURRENT NuKIT FORMAT

The day comprises of lectures, workshops, skill stations including; chest drain insertion, airway management, Thomas/Kendrick Splint application, spinal immobilisation and control of major bleeding.

We also cover burns, paediatrics, trauma in the elderly, pregnancy and massive haemorrhage management, facilitated by a multi-disciplinary team. Candidates evaluate knowledge through pre and post MCQ and we monitor our performance through feedback and evaluation.



LOOKING TO THE FUTURE

Development of the manual is currently ongoing but we are close to completing the finished piece. We will use our money from the Northern Trauma Network to cover the printing costs.

Once the manual has been used in the course we plan to review candidate feedback and approach the Trust with a business plan for continued funding for this project.

